

**July 24, 2024
WEDNESDAY WORKSHOP
9 am PT, 10 am MT, 11 am CT, 12 pm ET**

**Drew King's cell phone is broken. What is he to do?
Drew King, Webmaster
Sarasota Technology Users Group**

**Removing Bloatware From Your Android Phone
John Krout, Writer & Presenter
Potomac Area Technology And Computer Society**

**Introducing the Samsung Galaxy 7 Smartphone
Bill James, Vice President
Computer Club of Oklahoma City**

Register here – <https://forms.gle/nZ6m19et36KXpUjE9>

After you click Submit, you will receive a pop-up acknowledgment of your registration. On July 23, after registration closes at 6 pm Pacific Time, you will receive the encrypted Zoom link.

Drew King's cell phone is broken. What is he to do? Drew found himself in a predicament when his phone accidentally got submerged in his niece's swimming pool. With his cell phone damaged, he could not access his password manager for strong passwords or receive two-factor authentication codes.

Drew faced another hurdle: He needed to contact his mobile phone company to arrange a replacement through his insurance plan. He was at a location where only a Mac computer was available. Without his phone, he couldn't complete the two-factor authentication process required by his mobile company or access his email, which also needed the same security step.

To resolve these challenges, Drew takes us through his steps to fix his problem.

Removing Bloatware from your Android phone. Apps pre-installed on an Android smartphone or tablet by the phone maker or the phone seller are useless to you. They take up space in the smartphone, both in flash memory and on the phone screen, and divert your attention from the apps you need to use.

There are three ways to remove Android apps. This presentation will show you how to accomplish all three.

One method is the standard method, which works on most apps you install. However, a significant fraction of apps resist that method. A second method uses a zero-cost uninstaller app. A smaller fraction of apps resist that method, too. The third method is more complex, involves your computer, and is quite irresistible.

Introducing the Samsung 7 Galaxy Smartphone. Equipped with the BioActive sensor, it offers enhanced accuracy in tracking key health metrics, including heart rate,

sleep quality, blood pressure, blood oxygen levels, and stress. It also features an Advanced Glycation End products (AGEs) index to evaluate various biomarkers, aiding in predicting the risk of diabetes and stroke.

Additional advanced features include an improved AI algorithm and the FDA-authorized Sleep Apnea feature, which detects potential signs of moderate to severe sleep apnea. The Irregular Heart Rhythm Notification (IHRN) proactively monitors for atrial fibrillation (AFib) signs. You can also record and monitor your ECG (electrocardiogram) data, save it to your Galaxy phone, and share the results with your doctors if needed.

The new AI-powered Energy Score feature provides a score from 1 to 100 based on your recorded data, including sleep and physical activity measurements.